Building the ‘Future of Medicine’

Faculty, staff and students are invited to the May 21 Topping-Out Ceremony for the new James Cancer Hospital and Solove Research Institute and Critical Care Topping-Out Ceremony for the new James Cancer Building the ‘Future of Medicine’

Nothing makes Ed feel more alive than putting on his referee jersey and hitting the court in his hometown of Blacklick, Ohio. For more than 25 years, Ed has been officiating high school and college sporting events, and enjoying every minute of it.

But nagging knee pain was putting Ed’s officiating career in jeopardy. It also made simple tasks such as walking difficult. When the pain became unbearable, Ed was worried that he was going to have to hang up his striped shirt and whistle.

“I felt like an old man. I didn’t want that kind of life,” Ed recalls.

The pain in his right knee began two years ago when Ed slipped on wet leaves while taking out the trash. The fall tore his right ACL (anterior cruciate ligament), which stabilizes the knee joint. The ACL in Ed’s left knee was also damaged from past injuries. When the pain became too much for him, a physician friend recommended Ed make an appointment with Christopher Kaeding, MD, an orthopaedic surgeon at Ohio State.

As he approached the visit, Ed had this goal in mind – to be able to run and officiate without pain. During the appointment, Kaeding did a thorough examination, talked about Ed’s love of sports and discussed the goal Ed hoped to accomplish. The surgeon assured Ed that his goal was attainable, and that Ohio State’s medical team would do everything possible to help him reach it.

“My experience with Ohio State was beyond belief,” says Ed.

A week after the appointment, Kaeding performed ACL surgery on both of Ed’s injured knees. When Ed awoke from surgery, he was told of his appointment with Ohio State physical therapist John Taylor, PT, an OSU Sports Medicine Rehab Team member.

Taylor developed a personalized physical therapy plan for Ed that was designed to help him reach his goal. Ed worked hard at physical therapy, going to outpatient rehab three days a week and exercising at home three days a week. Ed jokingly calls Taylor his “guardian angel,” saying Taylor was always looking over his shoulder to make sure Ed didn’t cheat on any of the exercises.

“I felt like I was born again. I felt like I had my life back,” says Ed.

At a follow-up appointment four months later, Ed said that he felt great and asked if he could try running on his newly restored knees. Kaeding gave his approval and Ed prepared for his return to the game.

Ed vividly remembers the night he officiated his first college basketball game after the surgery. At one point, he had to pivot quickly while running full speed. Ed recalls the adrenaline rush when he realized his knee didn’t hurt. After the game, he excitedly called his wife, Cyndi, to tell her that he ran up and down the court without pain for the first time in years.

“Not only is Ed back officiating, he has also returned to his active lifestyle, regularly biking, walking and working out with Cyndi.”

Learn more about patient stories that illustrate the remarkable care provided every day by the staff of The Ohio State University Wexner Medical Center at medicalcenter.osu.edu.
Ground was broken June 18, 2010, for the new James Cancer Hospital and Solove Research Institute and Critical Care Center, part of Ohio State’s Wexner Medical Center expansion. This $1.1 billion project is the largest in the University’s history.

Covering more than a million square feet, its footprint from east to west will run 420 feet, almost a football field and a half in length. The hospital contains 12,000 tons of structural steel and will rise to a height of 296 feet, 9 inches. It will be the 14th tallest healthcare facility in the United States and the 23rd tallest in the world.

With this project, Ohio State, in partnership with the construction team and community supporters, endeavors to build a centralized, eco-friendly health and research environment that supports delivery of the highest-quality, patient-centric, personalized medical care.

In so doing, this project also supports the economic health of our community through the creation of more than 10,000 full-time jobs over the course of the expansion.

Follow the progress of this magnificent facility by visiting Ohio State’s Wexner Medical Center website at medicalcenter.osu.edu.

Photos by Jim Brown | The Ohio State University Wexner Medical Center
Emotional Intelligence: the X-factor for professional advancement

Danny Garvy  |  The Ohio State University Wexner Medical Center

Do you feel that you have the potential to perform even better in your current profession? Do you hope for advancement into a leadership position? Or, have you recently been in a situation in which you wish you had acted or responded differently?

If you answered “yes” to any of these questions, you could benefit from participation in a series of workshops offered by Human Resources at Ohio State's Wexner Medical Center.

Your leadership ability and your career could get a boost from a quality called Emotional Intelligence (EI).

Daniel Goleman, in a 1998 Harvard Business Review article entitled “What Makes a Leader,” identifies Emotional Intelligence as the quality that most drives outstanding performance in the workplace. Goleman’s article classifies IQ (intelligence) and technical skills as important “threshold capabilities,” but it highlights Emotional Intelligence as the personal quality that separates outstanding performers from average workers.

Members of our Human Resources staff, led by Bob Towner-Larsen, Natalie Wittmann and Syl Gray, developed a multi-part series on EI to foster individual improvement that could create ripple-effect advancements within Ohio State's Wexner Medical Center.

To support staff in putting EI into their daily work routine, Human Resources offers these classes:

- Know Thyself
- Manage Thyself
- Motivate Thyself
- Empathize Thyself

During classes, facilitators define Emotional Intelligence as “the capacity for recognizing our own feelings and those of others, for motivating ourselves, for managing emotions well within ourselves and in our relationships.”

Each class builds on information learned from the previous workshop, but the instructors refresh concepts from previous workshops for those new to the series. Classes are typically four hours in length and offered as morning or afternoon sessions.

Booker T. Wooten III, a senior accountant at the College of Medicine, has taken part in the entire series and recommends the classes to co-workers. “The Emotional Intelligence training course helps me identify, assess and control my emotions during critical conversations. EI training provided me with additional communication strategies that enhance my open dialogue with staff members,” says Wooten.

For a complete schedule of EI and other classes now offered, visit the Human Resources page of OneSource and click on Leadership Academy (on the right under Frequently Used Links).

Faces

Ali Rezai, MD
Professor of Neurological Surgery
Professor of Neuroscience
Vice Chair of Clinical Research
Department of Neurological Surgery
Director, Functional Neurosurgery Program
Director, Center for Neuromodulation
The Julius F. Stone Chair in Cancer Research

What do you like best about practicing medicine at Ohio State's Wexner Medical Center?

I am fortunate to be part of a unique team of multidisciplinary specialists with a synergy in vision, great chemistry, enthusiasm and a “can-do” approach.

This has facilitated the growth and success of our programs and has developed our clinical trials and research efforts.

What excites you most about the future of medicine?

I am excited about the potential for neuromodulation therapies to treat those afflicted with Parkinson’s, epilepsy, Alzheimer’s, obsessive compulsive disorder, depression, addictions, stroke and traumatic brain injury.

How do you think P4 Medicine will change your specialty over the next 10 years?

Development of biomarkers, advanced imaging and genetic screening will improve our ability to detect disorders like Alzheimer’s, Parkinson’s disease and many other neurological and behavioral disorders.

It also will facilitate their management, help us select the most appropriate patient for therapies and enable us to monitor the progress of preventive and treatment efforts.

Name a medical career mentor and tell us what you learned from him/her.

Some of my greatest mentors have been my patients because of what I have learned from them by just listening carefully and observing. Despite adversities, these patients are courageous and valiant for their daily trials that may not benefit them but may help others and us in future work.

What advice do you have for young physicians early in their careers?

The new physician must take extra care and time to find the person behind the patient and treat him or her with empathy and dignity. To be successful, a young physician will have to have a solid work ethic, uncompromising dedication and an ability to put the utmost attention to detail.

Who in history would you most like to meet and why?

I always hearken back to those whose unrelenting perseverance in pioneering medical discoveries changed the landscape of medicine and saved the lives of millions—those medical discoverers who prevented debilitating disabilities and human suffering, like (Alexander) Fleming with his discovery of penicillin and (Jonas) Salk with the polio vaccine. These are the scientists who raised the bar and standards for all physicians.

What are your hobbies or volunteer activities?

My work gives me a great deal of satisfaction and pleasure, and my research and delving into the understanding of the human brain and behavior are stimulating and fun. I also enjoy music, reading, history and exercise. Being at Ohio State has sparked a new interest for me in college athletics and competition, and I have become a big college football fan.

Medical Briefs

Meet Dr. Gabbe

Steven Gabbe, MD, CEO of Ohio State's Wexner Medical Center, will meet with faculty and staff in the coming weeks to discuss how our new name will help our advancement and to share ways in which we can be ambassadors for our organization. Gabbe will be available from noon to 1 p.m. in the cafeterias of the following locations on these dates:

- May 30, University Hospital
- June 5, University Hospital
- June 14, University Hospital East
- July 11, Ackerman Road
- July 17, Martha Morehouse Medical Plaza
- July 23, Eye and Ear Institute

Information about our new name and brand identity is available on the BrandSource page of OneSource. Send questions to BrandSource@osumc.edu.

Technology Day set for May 30

OSUWMC IT is planning an all-staff Technology Day in the Ross Heart Hospital auditorium on May 30. Faculty, staff and students can visit this expo-like event to learn how various technologies can help them perform research, education and patient-care duties more effectively and efficiently. Exhibits will offer information on Cisco phones, mobile devices, video conferencing and many other technologies. Visitors can register to win one of two iPads given as door prizes.

Payne nominated to BLIRC

Philip Payne, PhD, chair of Biomedical Informatics at Ohio State, was nominated to a four-year appointment on the Biomedical Library and Informatics Review Committee (BLIRC) of the National Library of Medicine (NLM). The BLIRC reviews applications received by the NLM Extramural Programs Division. Reviewers are chosen primarily for their subject domain expertise.

Embí receives AMIA award

Peter Embí, MD, vice chair of Biomedical Informatics, received the inaugural Distinguished Paper Award from the American Medical Informatics Association (AMIA). He was recognized for his paper titled, “Evaluating Alert Fatigue and Response Patterns to EHR-based Clinical Trial Alerts: Findings from a Randomized, Controlled Study.” This award recognizes novel research that contributes to the state of knowledge and impacts future work in the discipline.

Learn more about how The Ohio State University Wexner Medical Center is “creating the future of medicine to improve people’s lives” by visiting the News and Media Room at http://medicalcenter.osu.edu.
Patton selected as first Fraley Scholar

Christy Patton, MBA, a manager in Customer Service, was chosen as the first recipient of the R. Reed Fraley Leadership Scholarship. This honor supports staff who wish to receive further education or training that will impact advancement of the performance and reputation of The Ohio State University Wexner Medical Center.

Named for the retired CEO of the OSU Health System and vice president for Health Services, this scholarship rewards Medical Center employees who are willing to work beyond the scope of their position to better perform their responsibilities.

“Christy’s leadership style is action-oriented, which really helps to move ideas to projects and projects to results,” says Amy Helder, administrative director of Customer Service. “She is always willing to help and can be counted on to more than deliver on expectations.”

Patton will use her scholarship to pursue Six Sigma Green Belt training that will support implementation of Patient Experience Mapping at the Medical Center. In this endeavor, she will work with employees across the Medical Center to examine a patient’s experience from an operational and emotional perspective.

Patton will help staff analyze the insights and data gathered so that our Medical Center can continue to better the patient experience through systematic changes that improve care and emotional and medical well-being.

“Every interaction a patient has with our organization impacts their overall experience and impression,” says Patton. “We will make improvements to help make us more efficient and ensure that we are meeting the needs of our patients and exceeding their expectations.”

A lifelong Buckeye, Patton started her career at Ohio State’s Wexner Medical Center as a media relations intern while getting her Ohio State undergraduate degree. After graduation, she began working in the Department of Marketing and Strategic Communication while pursuing her MBA at the Fisher College of Business. Driven by a desire to serve our patients, Patton transferred to her Customer Service position.

“I have been able to move into a position where my passion for improving the patient experience is now my career,” says Patton. “That wouldn’t have been possible without former bosses and team members encouraging me to take on new challenges.”

The Fraley Leadership Scholarship hopes to annually reward Medical Center employees like Patton who exemplify leadership in their pursuit to provide excellent health care.

“Mr. Fraley left a legacy of leadership and integrity by always doing what is right for our patients and families. It’s truly an honor to receive this scholarship and be able to continue his work,” says Patton.